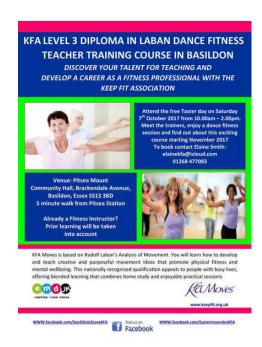


## FREE Taster Day for Level 3 Diploma in Laban Dance Fitness



Location **East of England, Essex** https://www.freeadsz.co.uk/x-537904-z



KFA LEVEL 3 DIPLOMA IN LABAN DANCE FITNESS TEACHER TRAINING COURSE IN BASILDON 2017/18

Would you like to teach dance inspired fitness classes, which are effective, safe and improve all aspects of physical wellbeing?

Discover your talent for teaching and find out about this exciting course starting in Basildon on 10th November 2017.

FREE taster day - Saturday 7th October 2017 10.00am to 2.00pm. Meet the trainers, enjoy a dance fitness session and find out more. Venue: Pitsea Mount Community Hall, Brackendale Avenue, Pitsea, Basildon Essex SS13 3BD

Our nationally recognised qualification offers you the opportunity to start your own classes as a Teacher with the Keep Fit Association (KFA), a leading professional fitness organisation.

Laban Dance Fitness develops creative and purposeful movement ideas that promote physical and mental wellbeing, based on Rudolf Laban's Analysis of Movement.

To book a place contact: Elaine Smith click to contact 01268 477083 01268 4770...(click to reveal full

