

# Seniors help around the home



Location **South West, Avon**  
<https://www.freeadsz.co.uk/x-539673-z>



Heroes Staffing is a local, family run business providing on demand support for seniors and their families. All of our "Heroes" are fully vetted and insured for your peace of mind. Our high bench mark means only those we would want looking after our loved ones are looking after yours!

We can provide support with:

- Cooking
- Cleaning/laundry
- Transportation to appointments/shopping
- Socialising and companionship
- Medication
- Personal care
- Respite/carer cover
- Holiday cover

Whatever your requirements we can help. With visits from 2 hours to 24 hours.



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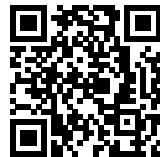
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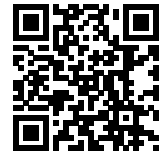
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