

Hypnotherapy For Anxiety



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-542872-z>



Anxiety can really effect your daily life .It can stop you doing activities you want to do or even make you a prisoner in your own home from fear of going out.

Worries and anxious feelings can be :-

Panic disorder

Phobia's agoraphobia/claustrophobia

PTSD

Social anxiety disorder

If you would like to know how hypnotherapy/tapping could help you,please get in touch.

I offer a free 20 minute chat for you to discuss your needs.

If it is difficult for you to leave your house to attend a therapy session,I am willing to visit you.

Unlock your!



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