











Pilates class for sport (6 GBP)



Location **East of England, Suffolk**
<https://www.freeadsz.co.uk/x-543243-z>

New Pilates Class for sports people who people who want to improve at Pilates.
 Help develop a flat stomach and athlete's core. Keep injury free and develop strong muscles.
 Every Tuesday evening @ Ransome's Pavilion, Sidegate Ave, Ipswich, IP4 4JJ. From 7.45- 8.30pm. £6 a class bring a friend for.

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