

# Manual Handling



Location **East Midlands, Northamptonshire**  
<https://www.freeadsz.co.uk/x-543342-z>

Manual handling training is extremely important because the number of staff that are injuring their backs at work and pursuing their employers as a result is on the rise.

This course is for any person who is involved in manual handling in the workplace.

Course content:

Anatomy of the spine, causes of back pain, returning back to work, moving & handling assessments, manual handling legislation, principles of safer moving & handling, unsafe systems of work, equipment demonstrations & practice, manual handling Risk Assessment, evaluation.

<http://training4userservices.co.uk/specialist-subjects/short-courses/manual-handling/>

For more information please call 01582 455888 01582 4558...(click to reveal full phone number) or email us on click to contact

For any other courses please visit our website [www.training4userservices.co](http://www.training4userservices.co)



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