

## **Holistic massage**



Location **East Midlands, Leicestershire** https://www.freeadsz.co.uk/x-543952-z



I am a self-employed holistic therapist with nine years experience Enjoy a traditional Thai Massage in Leicester

Thai Massage, is based upon the Eastern view of health and wellness. It incorporates an acupressure therapy that blends deep tissue massage, gentle stretches and stimulation of acupressure points to instil a perfect balance of refreshment and relaxation.

Natural blended massage oils are used in smooth flowing massage strokes to relieve tension in the back, shoulder and neck. Additional benefits include improved blood circulation, reduced stress levels and improved sleep. This treatment can also boost the body's healing systems.

Please view my Facebook page for all the other treatments I offer http://www.facebook.com/pagers/Knighton therapies 60 minute treatment starts from £50 depending on problems you may have I also offer a mobile Service for an additional.

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