

# Acro Classes



Location **Scotland, Dunbartonshire**  
<https://www.freeadsz.co.uk/x-544692-z>

Acrobatics at G12

Acrobatics is a unique dance style which develops great flexibility and strength to achieve balances, lifts, bends and splits. It also incorporates elements of jazz, ballet and gymnastics.

Acrobatics is an energetic and fun form of exercise for boys and girls of all ages. Tricks, kicks, splits...

'Acro' combines dance moves and acrobatic movements known as tricks. The tricks become progressively more difficult and complex as the dancers develop their flexibility, strength... and bravery! The dance movements in acro include ballet, jazz and modern dance styles, making it a useful addition to a young dancers training.

Specialist qualified staff encourage students to sit graded examinations. Classes in Beginner and Advanced.

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