

# Join NexGen Academy and be a Pro Footballer



**IMMORTAL 365**  
MARTIAL ARTS TIME TABLE

**MONDAY**  
Taekwondo (14-18) 18:00 - 19:00  
Taekwondo (19-24) 19:00 - 20:00  
Brazilian Jiu Jitsu (14-18) 18:00 - 19:00  
Brazilian Jiu Jitsu (19-24) 19:00 - 20:00

**TUESDAY**  
Taekwondo (14-18) 18:00 - 19:00  
Taekwondo (19-24) 19:00 - 20:00  
Brazilian Jiu Jitsu (14-18) 18:00 - 19:00  
Brazilian Jiu Jitsu (19-24) 19:00 - 20:00

**WEDNESDAY**  
Taekwondo (14-18) 18:00 - 19:00  
Taekwondo (19-24) 19:00 - 20:00  
Brazilian Jiu Jitsu (14-18) 18:00 - 19:00  
Brazilian Jiu Jitsu (19-24) 19:00 - 20:00

**THURSDAY**  
Taekwondo (14-18) 18:00 - 19:00  
Taekwondo (19-24) 19:00 - 20:00  
Brazilian Jiu Jitsu (14-18) 18:00 - 19:00  
Brazilian Jiu Jitsu (19-24) 19:00 - 20:00

**FRIDAY**  
Taekwondo (14-18) 18:00 - 19:00  
Taekwondo (19-24) 19:00 - 20:00  
Brazilian Jiu Jitsu (14-18) 18:00 - 19:00  
Brazilian Jiu Jitsu (19-24) 19:00 - 20:00

**SATURDAY**  
Taekwondo (14-18) 18:00 - 19:00  
Taekwondo (19-24) 19:00 - 20:00  
Brazilian Jiu Jitsu (14-18) 18:00 - 19:00  
Brazilian Jiu Jitsu (19-24) 19:00 - 20:00

**SUNDAY**  
Taekwondo (14-18) 18:00 - 19:00  
Taekwondo (19-24) 19:00 - 20:00  
Brazilian Jiu Jitsu (14-18) 18:00 - 19:00  
Brazilian Jiu Jitsu (19-24) 19:00 - 20:00

**IMMORTAL 365**  
LUNCHTIME CLASSES

**MONDAY**  
Boxing Circuits - 12:00 - 12:50

**TUESDAY**  
Circuits - 12:00 - 12:50  
Lunch Time Kickboxing - 13:00 - 13:50

**WEDNESDAY**  
MMA Style Circuits - 12:00 - 12:45

**THURSDAY**  
Circuits - 12:00 - 12:50  
Tai Chi - 13:00 - 13:50

**FRIDAY**  
Pads & Condition - 12:00 - 12:50

Location **North, South Wirral**  
<https://www.freeadsz.co.uk/x-545968-z>

NexGen-the best Football Academy in Liverpool offers both academic and sports training programs to its trainees. For more information on its courses, admissions or any inquiry visit our website.



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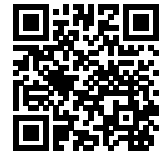
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