

# Bounce n Burn Serece-Fit (7 GBP)



Location **London, London**  
<https://www.freeadsz.co.uk/x-547309-z>



A great way to burn 500 calories in a short space of time whilst having Fun, Fun, FUN!!

Rebounding is a full body cellular and detoxifying exercise and, for some, it is a life-saver. Our body's natural inclination is to heal itself, internally. Because rebounding strengthens all cells of the body from the inside out, it helps to unlock the body's power to heal itself.

## Detox

Toxins are stored in the fat cells and the body is reluctant to burn fat whilst there are toxins present. Rebounding helps rid the fat cells of toxins and stimulates the lymphatic system to excrete the toxins more



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