

# Find Your Flow -Life Coaching (50 GBP)

***Tired of crashing on the same ole' rocks?***


***Need help to brighten your light?***

***1-1 life-development coaching by phone or Skype***

***See website for more details:***

***www.gillstanyard.life***

**phone/text Gill:**  
**07464433054**



Location

**Scotland, Ayrshire**

<https://www.freeadsz.co.uk/x-550505-z>



Needing help in becoming more confident? Struggling to find your direction in life? Fed up with not feeling good enough? Coaching can help you find your natural power in order to respond to any situation in your life that is bringing you down.

Face to face sessions at my clinic in Wellington Square, Ayr. A session is 1 hour



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