

# Krav maga (self defense) in st.albans (5 GBP)



Location **East of England, Hertfordshire**  
<https://www.freeadsz.co.uk/x-551510-z>



Training every Wednesday at the London Road club on cell barns Lane st.albans AL1 5AS . Training starts at 8.15 - 9.45

Krav Maga is considered to be the best reality based self defence system in the world. Come and train with us and get fit in a friendly atmosphere at an affordable price. First lesson is free and £7 for an hour and half lesson thereafter

The WKMA (the world krav maga association) is an ever growing organisation operating in over 20 country's and all of our instructors are trained to the highest standards and fully insured

Visit our website at [www.wkma.co.uk](http://www.wkma.co.uk)

If you are interested please don't hesitate to contact me with any questions. Have a look at the promo video on YouTube under

St.albans krav maga

Contact Owen on 07793020386 077930203...(click to reveal full phone number) or by email at [click to contact](mailto:owen@stalbanskravmaga.co.uk)

I look forward to hearing from.



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