

## Little Tigers Taekwondo age 3



Location **East of England, Cambridgeshire** https://www.freeadsz.co.uk/x-552045-z



Our new little tigers class is aimed for young children from ages 3-7 this class is ideal for autistic children to interact with other children

Our aim is to improve your fitness and confidence and instil a discipline in the younger students. Training in Taekwondo is also great for relieving stress & making new friends

- 10 Benefits for your child
- 1. Boosting Social Skills
- 2. Encouraging Physical Activity
- 3. Learning to set and Achieve Goals
- 4. Increased Self-Esteem
- 5. Instilling a Sense of Respect
- 6. Encouraging Non-Violent Conflict Resolution
- 7. Improving Listening Skills
- 8. Developing Teamwork Skills
- 9. Instilling levels of Discipline
- 10. Make New Friends whilst having Fun
  Contact today to book a FREE taster session!
  click to

