



<https://www.instagram.com/yipmanwingchun/>

What if I told you two women invented a Kung Fu system over 300 years ago?

What if I told you that it became the most efficient Martial Art in the World?

What if I said Bruce Lee studied this Kung Fu System to form his own?

What if I told you my first teacher in Kung Fu studied under Ip Man?

Ip Man taught the great Bruce Lee.

Ip Man is so famous they made countless movies about his life teaching Kung Fu.

Ip Man's student became a Master and taught Me.

Now I can teach you this amazing, powerful, efficient Kung Fu system – Wing Chun today!

Let's get more Women learning and once again Teaching Wing Chun – Kung Fu!

Let's get Women empowering themselves with Wing Chun – Kung Fu!

Wing Chun philosophy states 'You walk the bow, I walk the string' meaning, I walk the most direct efficient line to my target, attack, goal!

Wing Chun – Kung Fu will change the way a practitioner thinks, making them more efficient, direct and achieve their goals in life. It is a wonderful, enlightening Martial Art. All this comes with one thing,.. practice.

Come and join me to practice this Kung Fu treasure. Learn this gift to pass it on. Change the way you

~~feel and open up your full potential in all aspects of your approach to life and confidence. This is no~~

These passed down songs generated a rich collection of links back to the two original women, both known as Qiong Fu recluses. Generally, the 14th Elder Nunling (the Shaolin Taoist, 14th) and her disciple Yanyan (the 15th) (Everlasting Springtime)

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0047618802 0747618898... (Click to reveal full phone number)

TUESDAYS

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WOMENUS39S SELF  
DEFENCE - CHEAM LEISURE  
CENTRE - WORCESTER  
https://www.39s.co.uk/5525  
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5 - 6pm Kids and Parents

7 - 8pm Adults

FIRST CLASS FREE!

#women'sselfdefence #kungfu #martialarts #kungfuwomen #girlskungfu #wingchun #wingchungkungfu  
#ipman #ngmui #yimwingchun #martialartscheam #cheam #sutton #worcesterpark #cheamleisuresentre  
#women'skungfu #womenskungfu #women'sclubcheam #activities #fightingwomen #fightclub #martialarts  
#womeninkungfu #womeninmartialarts #kungfucheam