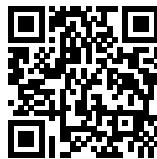


# Groove Aerobics Dance Fitness Class (5.50 GBP)



Location

West Midlands, Warwickshire

<https://www.freeadsz.co.uk/x-553166-z>

Tuesdays and Thursday 9.30am at Fiery Feet Dance Studio Leamington

Combining fun routines with a challenging workout for all levels of both dance and fitness abilities. There are three stages of the class: cardio, conditioning and choreography. These three c's and the fusion of great music selection aims to deliver an amazing atmosphere whilst toning and burning up to 700 calories in one session. [www.grooveaerobics.com](http://www.grooveaerobics.com)

<https://bookwhen.com>

Groove	Aerobics	Dance
Fitness	Fitness	Class
		
<a href="https://www.freeadsz.co.uk/x-553166-z">https://www.freeadsz.co.uk/x-553166-z</a>	<a href="https://www.freeadsz.co.uk/x-553166-z">https://www.freeadsz.co.uk/x-553166-z</a>	<a href="https://www.freeadsz.co.uk/x-553166-z">https://www.freeadsz.co.uk/x-553166-z</a>

		
<b>Groove</b> Fitness	<b>Groove</b> Fitness	<b>Groove</b> Fitness
<b>Aerobics</b> Aerobics	<b>Aerobics</b> Aerobics	<b>Aerobics</b> Aerobics
<b>Dance</b> Class	<b>Dance</b> Class	<b>Dance</b> Class