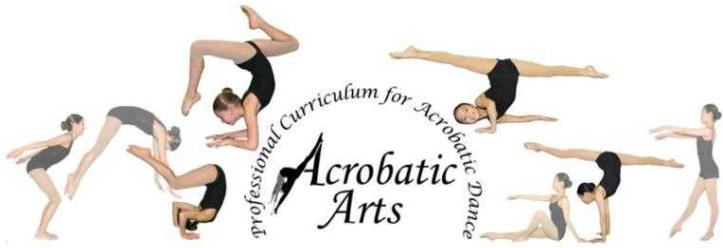


Brand New Children039s Acrobatic Classes (7 GBP)



Location

South West, Hampshire

<https://www.freeadsz.co.uk/x-553394-z>

Mondays 17.30-18.30 (Ages 4-12)

£7.00 per class or half termly payments of £6.50 per class

First Acrobatics Arts Class in Shirley, Southampton!

The program is based on safe and effective progressions with proven results in five divisions of AcroDance: Flexibility, Strength, Balancing, Limbering and Tumbling. Developed with input from professionals and experts in ballet, modern dance, jazz, contortion, artistic gymnastics, rhythmic gymnastics, sport acrobatics, yoga, acro yoga, pilates, physiotherapy, hand balancing and more, you will not find a more comprehensive program. Simple thoughtful progressions take the beginner preschool level dancer from log rolls and summersaults to the advanced dancer tumbling effortlessly across the stage!

Our teacher Kiri, received her teacher training qualification earlier in the year and is looking forward to passing on her!

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