




# PERSONAL TRAINER BRIGHTON&HOVE (25 GBP)



**HD COACHING**  
FOOTBALL & FITNESS TRAINING



**FOOTBALL TRAINING**  
Skills Training  
Football Rules  
Positional Training  
Football Formations



**FITNESS TRAINING**  
Gaining Weight  
Building Muscle  
Keeping Fit  
Losing Weight

**Huseyin Sayan**

0743 200 08 80  
hdcoaching10@gmail.com  
www.hdcoaching.co.uk

Location

South East, West Sussex

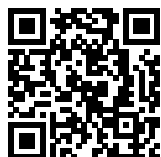
<https://www.freeadsz.co.uk/x-555828-z>


Experienced freelance personal training,affordable and quality.I specialise in getting the best out of u to achieve goals.The sessions are fun and rewarding.I worked as a personal trainer for gyms and football clubs.I look forward to working out with:)



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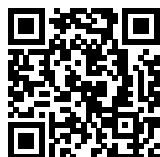
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