



PERSONAL TRAINER BRIGHTON&HOVE (25 GBP)



HD COACHING
FOOTBALL & FITNESS TRAINING



FOOTBALL TRAINING
Skills Training
Football Rules
Positional Training
Football Formations

FITNESS TRAINING
Gaining Weight
Building Muscle
Keeping Fit
Losing Weight

Huseyin Sayan

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www.hdcoaching.co.uk

Location

South East, West Sussex

<https://www.freeadsz.co.uk/x-555828-z>



Experienced freelance personal training,affordable and quality.I specialise in getting the best out of u to achieve goals.The sessions are fun and rewarding.I worked as a personal trainer for gyms and football clubs.I look forward to working out with:)



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