

# Extract the Power 15 Introduction to the Nature of Mind - Friday 17th November



Location **South West, Avon**  
<https://www.freeadsz.co.uk/x-560041-z>



As part of the International Extract the Power 15 Gathering, join this one-hour open meeting with Balanced View Trainers for an easeful and accessible introduction to the nature of mind and your wholly perfect beneficial nature. Learn the one simple way to empower and harmonise your relationships. Discover a powerful technique that brings live a life of ease and openness.

Take away a simple practice and access to free online support and resources.

Balanced View is a modern training rooted in timeless wisdom for people who want to be of benefit to all. If you are new to the Balanced View Training these meetings are perfect to drop by to.

Flow of the session:

7pm Cafe and welcome

Watching a short video from Candice O'Denver, Balanced View founder.

Space for questions

Trainers share

Participant share

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at the House of the Holy Spirit, Bristol  
 The suggested contribution: £5-15  
 As we welcome, regardless of ability to contribute.

Please feel free to also:

- Watch some free videos with Balanced View trainers: <https://www.balancedview.org.uk/media>

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- Take the free introductory course and join the Bright Community Facebook Group:<https://www.bright.how/p/be-the-power-and-facebook-group>

If you have any questions at all, you are welcome to be in touch: [click to contact](#)