Martial arts training in a fun amp enjoyable environment for health amp self defence



North, Tyne And Wear Location https://www.freeadsz.co.uk/x-560731-z

IMAF Europe U.K. Martial arts beginners classes in aikido Chester le street community centre DH3 3TS Thursdays 730pm - 9pm

















1	nttps://w 31-z	amp er nealth
- 2 1	ww.free	ijoyable amp
	https://www.freeadsz.co.u	amp enjoyable environ nealth amp self











tps://w	ealth
tps://www.freeadsz.co.uk/x-56 -z	amp
adsz.co.	self
uk/x-56	defer

Martial arts



https://w 31-z	health	
nttps://www.freeadsz.o	amp	
adsz.c	sel	





Martial amp enj health	https://wv 31-z	health