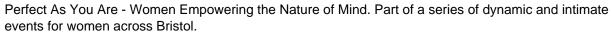
Perfect As You Are - Women Empowering the Nature of Mind Saturday 11th Novembe



Location South West, Avon

https://www.freeadsz.co.uk/x-561058-z



Venue: Wild Wolf Yoga 32 St. Nicholas Street BS1 1TG

Time 2.30-4pm

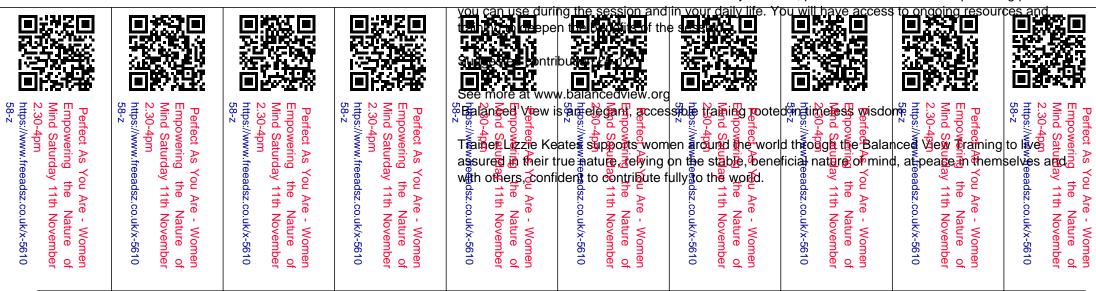
With trainer, Lizzie Keates and an amazing group of powerful open women, get to know the nature of mind and your own innate perfection – access your natural power, complete enjoyment, total restfulness, connection and ease.

The introductory drop-in session led by Lizzie gives a simple practice, tools and support to take away and directly apply in everyday life.

Results you can expect...
Clarity, stability and love
Openhearted connection
Stress-free living
Loving, harmonious relationships

What happens in a session?

You will receive an introduction to the nature of your mind, plus an immediate and empowering practice



For further information about Balanced View, you are very welcome to...

Watch free videos with Trainers

Take the free Intro course with access to join the Bright Community Facebook Group

Or to send an email to: click to contact