AREA 515 FITNESS - Youth Fitness for 5-15 Year Olds



Location East of England, Essex https://www.freeadsz.co.uk/x-561356-z



Exercise encourages new levels of concentration which have shown to help the children's education. New Fitness Clubs starting January 7th 2018 - 3 age groups 5-8, 8-12 and 12-15.

Youth Strength & Conditioning, Youth Speed & Agility, Movement Skills, Coordination, Physical Literacy, all provided through Fun and Game based activities.

CHECK OUT THE WEBSITE - www.area515.co.uk
MOTIVATING KIDS TO BE

