

2512h 401h-Qualified FEMALE masseuse offers Swedish,Hot stone,LomiLomi,Deep th



Location

East of England, Cambridgeshire

<https://www.freeadsz.co.uk/x-561971-z>

The following massages are available from a qualified and experienced female massage therapist for both males and females:

The four top techniques:

* **LOMI LOMI:** is a unique healing ("Loving hands") massage derived from the ancient Polynesians and more specifically the master healers of Hawaii. It works gently yet deeply into the muscles with long, continuous, energy flowing strokes, totally nurturing the body and, enabling the recipient to relax, give in and simply be, also helps release the blockages and therefore facilitates the road to healing . On the physical level, through Lomi Lomi stress and tension are relieved, blood and lymph flow assisted and the elimination of wastes and toxins stimulated. Lomi Lomi is not just a physical experience; it also facilitates healing on the mental, emotional and spiritual levels as well. The client viewed as someone to be returned to harmony and balance.

* **HOT STONE** massage: is a specialty massage where the therapist uses smooth, heated stones as an extension of their own hands, or by placing them on the body. The heat can be both deeply relaxing and help warm up tight muscles so the therapist can work more deeply, more quickly.

* **AROMATHERAPY/ HOT OIL MASSAGE:** Therapeutic massage normally using a custom blend of aromatic essential oils to ease away physical and mental tension, thereby achieving greater benefits. Can also be done with only hot natural oils, no essential oils on your request which has similar effect.

* **BAMBOO MASSAGE:** using a unique technique (developed by Gerard's Co) offers relaxation and soothing as well as draining effect. The massage also has strong bio-stimulating and revitalizing effects. It can be also applied to specific areas of the body only, before or after a medical treatment.

The massage improves your health and is ideal for both men and women. Sportmen will appreciate it for strengthening nerves, tissues and blood circulation as well as sports relaxation. Nothing can be more relaxing and revitalizing. Benefits are good for women fighting menopause with sweet and delicious. Bamboo massage is also a great gift for your family or friends.

Any top techniques for one £30 the hour for each technique.

* **SWEDISH MASSAGE:** soft or medium firmness, sporty style. A popular massage that uses a combination of different strokes to help reduce muscular pain, joint stiffness, lymphatic drainage and improved muscle tone. Also, helping to purge the body of harmful toxins.

* **DEEP TISSUE MASSAGE:** firm sport style: is a type of massage therapy that focuses on realignment, stretching, and lengthening deeper layers of muscles and connective tissue. It is especially helpful for chronic pain in the back, neck, and legs, as well as tight muscles and sore

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shoulders.

*SPORTS MASSAGE: A very firm, remedial massage therapy targets problems from past injury, sport or repetitive strain. Treatment is highly effective in reducing pain and restoring movement.

*INDIAN HEAD Massage: A very special massage of the upper back, neck, scalp, face and ears using gentle, medium and firm pressures helping to release blocked energy and ease muscle tension.,

*REFLEXOLOGY Foot Massage: An ancient form of foot massage which is a safe and natural therapy that promotes self healing and relaxation.

*FACIAL Massage : includes exfoliation before the massage.

*PREGNANCY Massage: a very relaxing massage for pregnant women to ease muscle tension, a mixture of soft or medium Swedish and Head massage techniques mainly on the upper body including shoulders, head, arms and hands; also feet and some on the legs and hips.

*Mini treatments (15 min) are also available now for problematic areas from each massage types!

IN and OUTCALLS are available. (some extra charge for mobile service) I operate BY APPOINTMENTS, daily 7.30am-9pm. You can book in advance or book on the day subject to availability. TEXT MESSAGES or E-MAILS are preferred ways of contact. Calls from withheld numbers will not be answered! Phone number (I usually reply quickly, as soon as possible): 07596638424 075966384...(click to reveal full phone number) . Peterborough, Hampton Vale, PE7 8JT.

STRICTLY PROFESSIONAL, NON-SEXUAL SERVICE! NO EXTRAS! Calls from withheld numbers will not be answered! Sexual harrassment will not be tolerated!

I offer 1/2 hour, or one hour treatments but longer sessions are also available!

I use very good quality products, oils and herbal creams but if shower facility needed, it costs +£5.

If you don`t know what to give to family members, colleagues, neighbours or friends as a present then you can buy them a gift voucher which is now available!