500 Hour Yoga Teacher Training in Rishikesh, India



Location **North, Northumberland** https://www.freeadsz.co.uk/x-562373-z



Residential 500 Hour Yoga Teacher Training Courses in Rishikesh, India affiliated by Rishikesh Yogpeeth and registered with the Yoga Alliance, USA. Open to the countless possibilities that only Rishikesh Yog Sansthan can provide with our world-renowned 200-hour yoga teacher training in Rishikesh.

Open to the countless possibilities that only Rishikesh Yog Sansthan can provide with our world-renowned 500-hour yoga teacher training in Rishikesh Rishikesh Yog Sansthan Registered Yoga School in Rishikesh established for yoga teacher training courses in Rishikesh, India where yoga trainees attend residential training of 500 hours of yoga training in India and yoga students comes from various Countries like the United States, United Kingdom, Russia and many other countries.

Join thousands of students from all over the world who have experienced the true meaning of PEACE through our unique and attractive approach to teaching yoga. Whether you are a beginner or advanced in your practice, all yoga practitioners are welcome and encouraged to join this one-month program. This course is created for individuals with aspirations to become yoga teachers but is suitable for anyone wishing to further develop their yoga practice. Cultivate happiness, self-love and positivity in a yoga program deeply devoted to spiritual growth and understanding.

Throughout the course, Students will leave the program with the knowledge, experience and confidence to become the yoga teacher of their dreams.

500 Hours Yoga Teacher Training In Rishikesh (Course Overview) Recitation of Sacred Sound (Mantra Chanting) Yoga Postures (Asana) Pranayama (Breathing Practices) Meditation (Dhyana) Relaxation Techniques Yoga Cleansing Techniques(Shatkarma) Anatomy and Physiology (Sharir Vijnan) Yoga Philosophy (Yoga Darshana) Teaching Practice (Adhyapanam) Teaching Methodology Ayurveda Yoga

