

500 Hour Yoga Teacher Training in Rishikesh India



Location **South West, Cornwall**

<https://www.freeadsz.co.uk/x-563547-z>



500 Hour Yoga Teacher Training Course in Rishikesh, India

500-hour residential Hatha, Ashtanga Vinyasa yoga teacher training course in India registered with Yoga Alliance, USA at Arogya Yoga School. This course is for those who are already acquired the 200- hr Yoga Teacher Training Course. If you have not done a 200 hr Yoga Teacher Training and still you may undertake one of our 200hr TTC and then pursue 300 hour course for 500hr certification.

TEACHING METHODOLOGY:

To structure and sequence a class

Modification techniques

Teaching different meditation techniques

Organizing and preparing for workshop

Principles of demonstration, observation, alignment and correction

500 HOUR YOGA TEACHER TRAINING COURSE DATES - 2017

500 Hours Yoga Teacher Training in Rishikesh, India » 21 August 2017 to 28 October 2017: USD 3000 (

Yoga Alliance Certification - RYT 500) ::Available

500 Hours Yoga Teacher Training in Rishikesh, India » 16 October 2017 to 23 December 2017: USD

3000 (Yoga Alliance Certification - RYT 500) ::Available

Arogya Yoga School Krishna Cottage, Swarg Ashram

Rishikesh, Uttarakhand 249304\$3000Reserve NowWHAT DOES THE COURSE FEES INCLUDE ?

» 10 Weeks private Accommodation

» Daily nutritious vegetarian meals, detox juices and teas

» Excursions to local sightseeing

» Yoga material (bag, yoga mat, shirt, towel, yoga kit, etc)

» Personalized medical advice

» The Himalayan spiritual trip

Facebook : <https://www.facebook.com/arogyayogaschool/>

Twitter : <https://twitter.com/Arogyayogaschool>

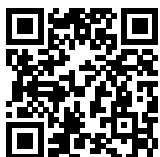
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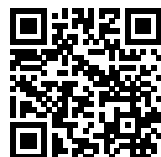
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