

Workshops for Carers



Location

Yorkshire and the Humber, South Yorkshire

<https://www.freeadsz.co.uk/x-565015-z>



Hypnotherapy-Rotherham are offering £12,000 of health and wellbeing sessions to stressed carers across Rotherham. There will be 16 workshops delivered on a rolling programme throughout 2018. The initiative is being supported by the Rotherham Carers Forum and delivered at Carers Corner in the Rain Building, Eastwood Lane on Wednesdays from 12/15pm to 14.15pm starting on January 10th. Participant get the chance to experience a 15 to 20 minute taster of clinical hypnosis in some of the workshops and they will learn self-hypnosis by observing.

PLEASE CONTACT ANGIE TO BOOK YOUR PLACE VIA TELEPHONE OR!



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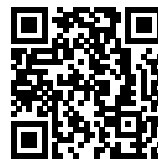
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