

# Best Yoga and Meditation Retreat in UK - White Calm Retreats



Location **Scotland, Berwickshire**  
<https://www.freeadsz.co.uk/x-566364-z>



Yoga, Meditation and Mindfulness Retreats - set in a beautiful 5 star villa in Ibiza is a 3 days retreat suitable for people wishing to experience Pranayama (breathwork) and yogic movement into different experiences of.



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