

Sports massage (STRICTLY PROFESSIONAL) Postural, gym or exercise pain amp dis



Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-567439-z>

Do you train at the gym? Are you in competitive sports? Is your lack of mobility or flexibility preventing you achieving your gym and sports goals?

PROFESSIONAL SPORTS MASSAGE AND DEEP TISSUE MASSAGE

Welcome to Fitness Massage Brighton

Your privacy is respected at all times. I am a female therapist who loves my health and fitness. I train regularly at the gym and receive regular sports massages myself, so know first hand how beneficial these are. I have been qualified for 16 years and in this time, have massaged Mothers, individuals with poor posture (office workers, taxi drivers etc), ladies with PMT, sports teams and gym users. You do not have to exercise to receive a treatment from me.

Professional treatments at my home studio near Preston Park

30 minutes: £35 _____ Back, neck and shoulders or legs

60 minutes: £55 _____

I am available between 8am and 8pm

Professional treatments at your home (must be local to Brighton please)

30 minutes: Not offered

60 minutes: £65

Professional and clear sports (strictly professional) treatments covered areas through your chosen sport. The treatments like competitive, email initially to the over

and individuals ask for my other services

If you are serious about improving your performance at the gym (or chosen sport), kindly email me with

phone number, and preferred time of sports massage

you do not contact me for any sexual or other services

Same day treatments can be accepted

Absolutely do not contact me for any sexual or other services

massages. Thank you

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I look forward to hearing from you.

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