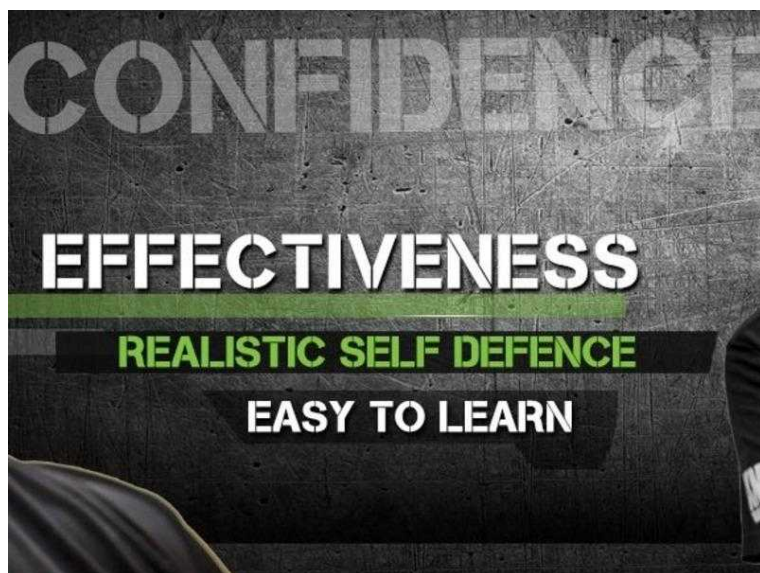


Free Intro Class - Want to try something different how about Krav Maga



Location **South West, Gloucestershire**
<https://www.freeadsz.co.uk/x-569436-z>

You must have heard about the cutting-edge self-defence system called Krav Maga?

Self-defence is something we all think we know; what to do and how to act in a threatening situation.

Do you really know what to do?
 When under pressure can you make that snap decision?
 Are you sure it will work?

Join the Active Krav Maga community!

Active Krav Maga training is fun and 'ego free', where like-minded people join together to achieve their health and fitness goals, all whilst learning the most effective, practical and easy-to-learn self-defence in the world today.

An exclusive FREE intro class is available:
 Sunday February 11th (10am to 12 midday)
 Brockworth Pool and Sports Centre

Just go to www.activekravmaga.co.uk and select Intro to Krav Maga under Events.

Grab some friends and give it a go!

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Doing something you have never done before is always stressful, yet I promise it'll be worth it and

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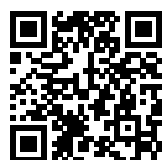
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