

# Household Help



## Do you need some help around the house or help doing food shopping and other odd jobs?

I provide household services for individuals or families. I offer everything from cooking meals to shopping as well as helping with odd jobs and chores around the house.

I am DBS checked and have a food hygiene qualification.

**Caring, Trustworthy, Reliable & Conscientious.**

I have many years of experience working with the elderly and have a large family so have been used to cooking and cleaning for many.

I'm happy to help as a one off or on a regular basis.

**Contact me for more information.**

Call 01323 488707 / 07871710320  
or email elaineronaldson@yahoo.com

Location

**South East, East Sussex**

<https://www.freeadsz.co.uk/x-570716-z>



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Household Help



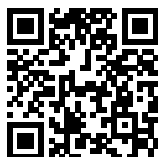
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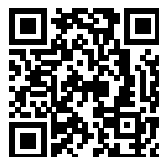
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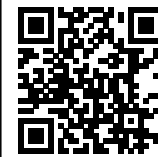
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