

Urban Jump Trampoline Classes



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-570782-z>



Action packed trampoline fitness sessions that will improve cardiovascular performance, balance and improve core strength. All those amazing health benefits but with a lower impact on joints compared to activities such as running.

Visit www.urbanjump.co.uk for more information and to book a!



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes



Urban Jump Trampoline
Classes

<https://www.freeadsz.co.uk/x-570782-z>