

## **Birmingham Buddies Breastfeeding Mums Group**















Every Wednesday 10.00 am—12.00 noon

For anyone who is breastfeeding, thinking about breastfeeding or would like to find out more.



Drop in and have a chat with one of our Peer Supporters ...

Come along and enjoy meeting other breastfeeding mums...

**Everyone Welcome** 

For any further information Telephone: 0121 675 3408 Email: enquiry@feathern.bham.sch.uk Location

**West Midlands, West Midlands** 

https://www.freeadsz.co.uk/x-571378-z

Birmingham Buddies Breastfeeding Mums Group

For anyone who is breastfeeding, thinking about breastfeeding or would like to find out more.

Our friendly breastfeeding support groups are ran run by trained breastfeeding peer supporters. We offer support with all things breastfeeding, whether that is exclusively breastfeeding, pumping and feeding or combination feeding with formula and breastmilk. There is also the opportunity to meet and chat to other breastfeeding moms, have a hot drink and socialise. Toys and games available for babies and children. Drop in and have a chat with one of our Peer Supporters at two local locations:

Featherstone Children's Centre Wednesday 10am - 12pm

29 Highcroft Road, Erdington B23 6AU

OR

The Four Oaks Milk Bar Thursday 10am - 11.30am

30 Mere Green Road, Sutton Coldfield B75 5BT

Groups operate all year round, including during the school holidays with the exception of Christmas day. Come along and enjoy meeting other breastfeeding mums...

Everyone Welcome (including older siblings)

We are also Facebook Social Media pages @BirminghamBuddies / ErdingtonBuddies or come to one of your breastfeeding groups.

For more information contact Featherstone Childrens Centre on 0121 675 3408 0121 675 34...(click to reveal full phone number).

WE LOOK FORWARD TO SEEING













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