

MESSAGE FROM ANGEL



Location **Scotland, Midlothian**
<https://www.freeadsz.co.uk/x-572466-z>

Hello Everyone,

I am Angel a qualified massage therapist. I learned Swedish and Bamboo massage. I work every day from 9 am to 9 pm. Please, respect my personal life and do not call or text me after 9 pm.
 +447917947080 +4479179470...(click to reveal full phone number)

Bloosts the immune system

By making you feel so much more relaxed and given the heightened sense of well being, your susceptibility to illness is greatly reduced.

Reduces tension

Massage therapy helps reduce tension in the mind and body. It is also scientifically proven that a massage can eliminate depression symptoms.

Eliminates stress

A massage decreases the stress hormone that tightens muscles and triggers a tension in the body. It is proven that a neck and shoulder massage reduces the chronic headaches people have and how long they last. Even the stubborn migraines can be relieved by a massage.

Increases flexibility

A massage stretches body muscles in different directions both along and across. It can also have same effect on the muscular cover and surrounding outlook allowing a beneficial release of piled tension and pressure.

Improves posture

Massage therapy helps stretch the body muscles, signs much more flexible and it helps painful muscles and joints of muscles, joints and working on it is important to keep your body muscles with



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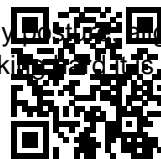
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