

# First half an hour free massage



Location

**South East, Berkshire**<https://www.freeadsz.co.uk/x-572703-z>

Hi

I provide deep tissue massage to improve blood circulation around your muscles and it gives a relaxed feeling. At your house or hotel.

Please make sure you don't have any heart problems, and be clean and if possible take a shower before the massage.

I don't use oil, only use my bare hands and the technique is by light pressing using fingers and massaging the blood circulation can be controlled.

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