

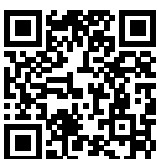
# Assisted Cooking Cooking class in own home (15 GBP)



Location **Scotland, Renfrewshire**  
<https://www.freeadsz.co.uk/x-572986-z>



Needing help to make meals for the week, in the comfort of your own home?  
 Would suit beginner or busy housewife / professional, slimming world, special diets, weight watchers, or if you have limited hand movement due to arthritis, help is at hand.  
 Batch cooking or new ideas to your weekly menu is an email away click to contact  
 I have over 20 years catering experience in the food industry.  
 Slots are still available from 3pm - 6pm Monday to Friday, and Sunday morning. (Glasgow area)  
 Look forward to hearing from.



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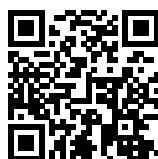
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