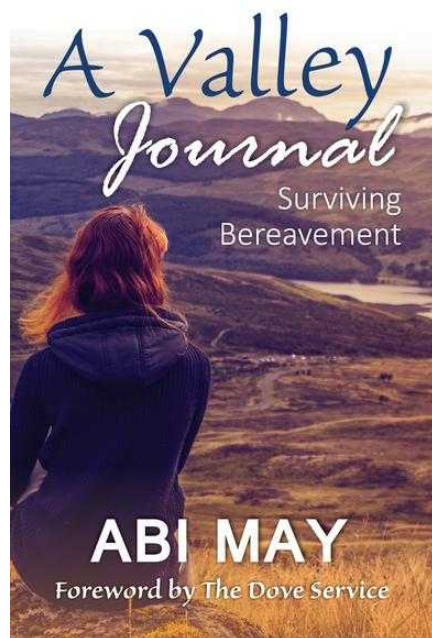


# quotLiving with Lossquot - Supportive Retreat for those struggling following bereave



Location **Wales, Carmarthenshire**  
<https://www.freeadsz.co.uk/x-573341-z>



A weekend retreat for those struggling with their daily life following bereavement. This is a Christian event led by Abi May. Booking required, and there is a charge.

"Living with Loss" retreats are for people of all ages (over 18) who have suffered loss through bereavement. They are faith-based from a Christian perspective, but are not theological. The goal is finding courage and hope as we continue our life's journey.

The retreats are suitable for widows and widowers, bereaved parents and siblings, those who have lost parents or close family members, or those who have suffered multiple losses. Most retreats are small with 9-12 participants.

The content of each retreat follows the same theme, but differs slightly according to the duration, and the interests and needs of those who attend.

Find out more: <https://avalleyjournal.wordpress.com/living-with-loss-retreats>  
[www.avalleyjournal.co.uk](http://www.avalleyjournal.co.uk)



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