

# 1st Annual 1.5 Mile Run and Games



is proud to host

## The 1st Annual 1.5 mile Run & Games

Theme:  
Sports for healthy life and community cohesion



Prizes to be won!!

**Bank Holiday 2<sup>nd</sup> Apr 18 || 11:30am**

All walkers are welcome!!

Activities include:  
**1.5 mile Keep FIT run@ 11:30am**  
**@ medway heritage park**  
Followed by Indoor game & Activities  
@ 1:00pm:  
• Badminton, Owari, Table tennis,  
Ludu, etc..

**The Medway PARK,**  
**Mill Rd,**  
**Gillingham**  
**ME7 1HF**



**Contact: 0759184655**  
**e: ghanamma@yahoo.co.uk**

**Medway**  
Serving You

Location

South East, Kent

<https://www.freeadsz.co.uk/x-573675-z>


The Medway Ghanaian Association is organising a 1.5 mile run which starts at 11:30 am at the Medway Heritage Park and ends at the Medway Park on Mill Road. After the 1.5 mile run we will move indoors into the Medway Park, Mill Road, and play football, table tennis and badminton. The winner of the 1.5 mile run will win a prize. It is free and open to the general public. There will be refreshment of the activities and also music will be.



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