

1st Annual 1.5 Mile Run and Games



MEDWAY GHANAIAN ASSOCIATION
Unity
Your community and U

is proud to host

The 1st Annual 1.5 mile Run & Games

Theme:
Sports for healthy life and community cohesion

Bank Holiday 2nd Apr 18 || 11:30am

Prizes to be won!!

All walkers are welcome!!

Activities include:
1.5 mile Keep FIT run@ 11:30am
@ medway heritage park
Followed by Indoor game & Activities
@ 1:00pm:
• Badminton, Owari, Table tennis,
Ludu, etc..

The Medway PARK,
Mill Rd,
Gillingham
ME7 1HF

Contact: 0759184655 **e: ghanamma@yahoo.co.uk** **Medway Serving You**

Location

South East, Kent

<https://www.freeadsz.co.uk/x-573675-z>

The Medway Ghanaian Association is organising a 1.5 mile run which starts at 11:30 am at the Medway Heritage Park and ends at the Medway Park on Mill Road. After the 1.5 mile run we will move indoors into the Medway Park, Mill Road, and play football, table tennis and badminton. The winner of the 1.5 mile run will win a prize. It is free and open to the general public. There will be refreshment of the activities and also music will be.



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