



A top-down view of a glass bottle of yellow liquid, a cork, a bowl of ice, and a bowl of green liquid, surrounded by fresh thyme sprigs on a light wooden surface.

Hi there, my name is Sophie. I have been a beauty therapist for 13 years and strive off making my clients look and feel their absolute best. For most of my career I have worked within salons, I am now focusing on bringing my treatments to the comfort of your own home. I do not believe in harsh chemicals and animal testing is a huge no-no. All of my products are of a high quality and I would not use anything on you that I would not use on myself. I believe we are currently living in a rather toxic world and there is a huge lack of understanding when it comes to product knowledge and what we are putting into our bodies, I believe we can still look and feel beautiful but by taking an ethical approach.

Full Body Massage Aromatherapy 1 hour £40
Back Neck and Shoulder Massage Aromatherapy 30 minutes £25

During this treatment, we will have a consultation to determine what you might benefit best from, we will talk about particular areas of concern and which essential oils will help you on your journey to better health.

Full Body Massage Swedish 1 hour £38
(slightly deeper and firmer massage with plain oils, no strong scents)

Back Neck and Shoulder Massage Swedish 30 minutes £23











Prior to this treatment, we will carry out a full consultation to determine your needs and goals.

Pure and Organic upping Facial 1 Hr

This treatment involves a double cleanse, exfoliation, mask and a lymphatic drainage massage to surely rejuvenate and inspire your senses. Using ethical vegan products will also analyse your skin, before and during your treatment, so can determine your skin's very unique needs, every facial is tailored to suit your skin and lifestyle, I do not believe there is one approach for all skin types in order to get the very best results.

Manicure £20



Ethical, Vegetarian, Holistic Treatments	non-toxic Beauty
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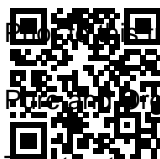
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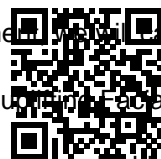
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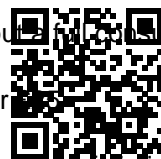
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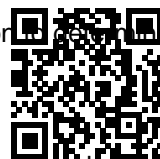
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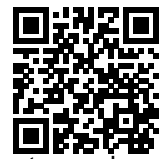
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Pedicure £20

Eyeblink tint £8

Eyeblink Shape £5

Eyeblink Tint £8

Coming soon, spray tans (I am currently looking into most ethical and safe skincare brand before I go ahead and buy the system)

Minimum visit treatment value £20

I cover quite a large area spanning from West Worthing all the way across to Peacehaven Lancing, Southwick, Shoreham, Brighton, Hove, Portslade, Henfield, Hassocks, Hurstpierpoint, Burgess Hill, Horsham.. If it's not listed here, please do just ask and we shall see. :)

Please get in touch to book in today. I very much look forward to working with you and helping you become the very best you can.