

FREE - ANXIETY BREAKTHROUGH WORKSHOP



Location **London, London**

<https://www.freeadsz.co.uk/x-574818-z>

FREE – ANXIETY BREAKTHROUGH WORKSHOP - VOLUNTEERS NEEDED

- Learn how to shut down that **NEGATIVE VOICE** in your head
- Learn how to face and **CLEAR** past Traumas
- Learn how to **CALM DOWN** and **COPE** in stressful situations
- Learn how to **STOP** being anxious in public
- Learn how to get back your **CONFIDENCE** and **SELF ESTEEM**

And much much more besides

Hello, My name is Mark Lidster from HA2 Hypnotherapy and I'm looking for volunteers to attend the pilot of my new Anxiety Breakthrough workshop. My small group, 1 day workshops will be free, and will be run on a couple of Saturdays in April .

The workshops are intended to help you understand and learn how to clear Anxiety from your life. If Anxiety is negatively affecting your life then this workshop is definitely for you. And now you have a limited opportunity to do it free of charge.

So if you would like to know more and possibly volunteer to attend an Anxiety Breakthrough workshop, please go to the website link

<http://www.ha2hypnotherapy.co.uk/breakthrough-workshop-pilot/>

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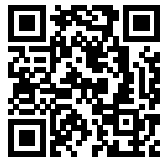
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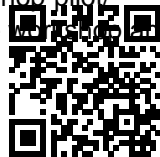
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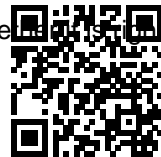
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