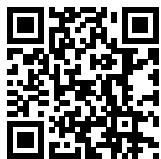




I am a Sports Massage, Holistic Therapist and Acupuncturist who is also a qualified Nurse of 28years. I am fully insured and registered with the Federation of Holistic Therapists (FHT) and the Nursing & Midwifery Council (NMC). Here at Embrace, you will receive a professional treatment, tailored to meet your needs, where Confidentiality, Data Protection and Code of Ethics are strictly adhered to. Many treatments are carried out using The Comfy Client Cushion™ - an innovative support system fully approved by the NHS. www.tania-embrace.co.uk TREATMENTS: * Sports Massage * Deep Tissue Massage * Hot Stone Therapy * Swedish Body Massage * Reflexology * Hopi Ear Candling * Indian Head Massage * Crystal therapy * Reiki * Sinus/Facial Massage * Acupuncture/Electro Acupuncture * Cosmetic Acupuncture * Fertility/Infertility Acupuncture * Cupping BENEFITS: *Reduce pain & swelling *Ease muscle tension, knots & cramps *Improve circulation *Reduce stress related disorders *Increase energy levels *Reduce scar tissue *Help recovery from injury *Support your immune system *Balance mind, body & spirit *Aid relaxation *Pre / post conditioning for sporting events *Rehabilitation & recovery *Relieve headaches TESTIMONIALS: "Tania is amazing! She not only helped me with an existing problem through deep tissue massage and electro acupuncture, but she talked me through the other symptoms I've been having for a long time, which were previously dismissed by a GP. Because of Tania, I went back for a second opinion, saw a different GP and I've now been successfully diagnosed with a condition I know I've had for years." - Jen "Treatment very relaxing, so much so I even fell asleep. Feel absolutely fabulous. Have already booked a further appointment." - Jill "WOW. What a fantastic treatment! I suffer with a lot of stress in my job and Tania was brill. I feel like a new man, thanks Tania." - Kelvin "First treatment, my legs feel wonderful and the advice/aftercare was reassuring and realistic. Looking forward to next

treatment. Thank you, Tania, you are a natural!" - Fiona "Thoroughly enjoyable and relaxing and could be a great response to my treatment. My expectations were blown out. Got home like a friend, relaxed atmosphere. Will be back soon!!" - Steve "From the minute you walk in the door, you are made to feel like a special with the professional and service that is provided every visit. Great professional and caring. We won't wait, once we get back we will definitely be back again!" - Theresa "Really enjoyed the treatment. Would have paid more." - Mark 10% DISCOUNT: *

Emergency Services * NHS Staff * Over 60s * Students * Corporate discounts available on request

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