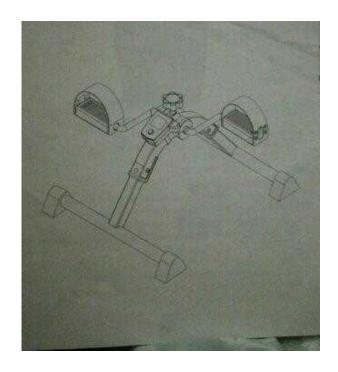


Pedal exerciser digital counter (30 GBP)



Location Wales, Mid Glamorgan

https://www.freeadsz.co.uk/x-582637-z



This is the Seated Pedal Exerciser with Digital Display, a great value item that can help with general exercise or even rehabilitation following an operation.

Easily moved and stored - This model folds up neatly so it can be stored in the smallest of cupboards when not in use.

Light weight - constructed using chrome steel frame and features solid rubber feet to provide a stable base when being used.

Portable - it can easily be placed on a table enabling it to help exercise the upper body too.

A handy feature on this Pedal Exerciser is the resistance adjustment knob, it allows you to set how difficult it is to revolve the pedals so could be used as part of a program to build strength following an operation.

Digital display and on board computer - which can tell you how many calories are being burned, how far you have covered and how long you have been exercising for, which in itself can act as motivation to do more when working out.

These pedal exercisers are great for using during the colder and wetter months when getting about is tough enough but you still wish to remain active.

Bought from Snowdrop Independent Living for £43.20. I have receipt.

I am selling this as Ive discovered my health condition doesn't allow me to use it now. As a result it's been hardly used. Comes with simple user manual leaflet. Please message me to arrange with you to pick it up (Atlantic Wharf).

