











# EFT for Living



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-583015-z>



Opening the Doors to Health, Happiness and Wellbeing. Are you feeling stuck or blocked? EFT(Emotional Freedom Techniques) often referred to as tapping is rapidly gaining a reputation for getting positive results in a wide range of problems and issues. These include:- fears, anxieties and phobias, lack of confidence/self esteem/motivation, relationship difficulties, chronic fatigue syndrome, fibromyalgia, pain(including migraines) and stage fright. Indeed the founder of EFT Gary Craig states that persistence use of EFT often works when nothing else will. Given EFT's results and supporting scientific studies the NHS is increasingly adopting EFT. For more info/ a session please contact Paul Keating:- 01825 873132 01825 8731...(click to reveal full phone number) /07767367817 077673678...(click to reveal full phone number) /click to

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