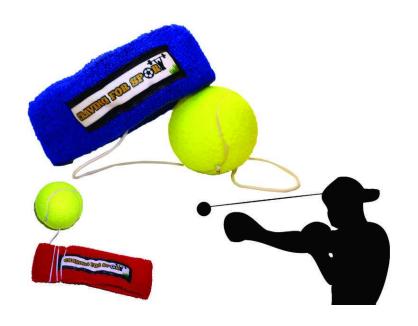
## Boxing FightBall headband for training coordination and punching accuracy, reflexes



Location London, London

https://www.freeadsz.co.uk/x-584672-z



FightBall "Craving For Sport" is innovative sports equipment for training skills like coordination, accuracy, speed, agility and concentration.

Professional fighters use it in sports like Boxing, Kickboxing, Muay Thai. It's good for Baseball too. Some of the boxers who use that item are the world champions Anthony Joshua and Vasyl Lomachenko. There is 100% Anti-stress effect!

The product is made out of 3 (three) components:

- 1) Headband
- 2) Rubber band
- 3) Special tennis ball

How to regulate the difficulty?

You can shorten the length of the rubber band, by pulling the knot on the outside of the ball. The shorter band requires more skill for boxing/catching the ball. When you pull the knot, you have to fix the new lenght with another knot outside the ball. You can cut or tie the other part of the band for more convenience.

Advantages when used:

- \* Better cooirdination
- \* Better timing and precision. And as you know timing beats speed, precision beats power.









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