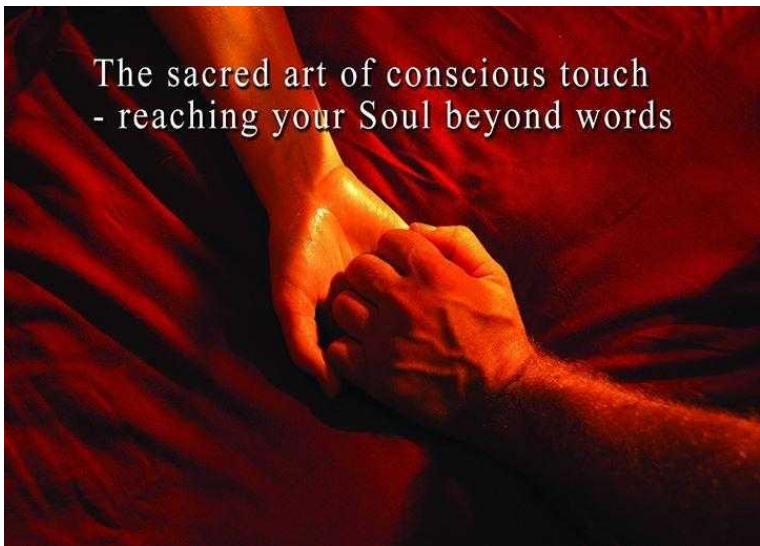


Beautifully Held, Empowering and Intimate Healing Sessions.



The sacred art of conscious touch - reaching your Soul beyond words

Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-584993-z>

Exploring Love, Intimacy, Relationships, Sexuality, Empowerment and Pleasure.

One to One sessions for individuals and couples of all genders and sexual orientations.

These deep and powerful sessions offer support and guidance to those who feel ready to let go of that which no longer serves them and welcoming in the new.

Sessions include: Tantric practices, energetic/breath-work and physical bodywork to explore;

- Healing fear around sexual intimacy
- Feeling more confident and empowered in your body
- Increasing Sexual energy
- Releasing pain and/or trauma
- Pelvic release work
- Healing past wounds
- Relaxing more into pleasure
- Re-learning to love, honour and respect yourself

A QR code is located in the top right corner of the slide, with the text "Releasing shame, fear, and guilt" written above it in a light gray font.

Empowering
Healing

Beautifully Held, Empowering
amp Intimate Healing
Sessions.
<https://www.freeadsz.co.uk/x-5849>
ask
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I have never felt so confident, alive and aligned with my true values. I am now able to see myself for who I really am and, for the first time since child, I have been able to return to the innocence of my body and sexuality.

I am no longer trapped in my fears, shame and guilt around being a sexual man and am a much better person, father, lover and husband because of it.

I am so grateful to you and for everything that you do"

"I can honestly say I've never experienced anything like it, and I've journeyed far in my 56yrs on Earth."

"Hanna holds an incredibly deep and beautiful space which allows you to truly drop into your body and surrender to all that comes whilst being gently and lovingly held. She is a truly empowered and beautiful human being;