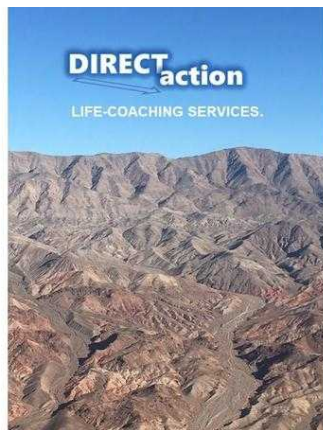


Transform Your Life NOW With Online Life Coaching



Location

East of England, Bedfordshire

<https://www.freeadsz.co.uk/x-585299-z>



Are you feeling stuck in a rut? Do you need some life guidance to understand a situation? Would you like to understand patterns of behaviour which can help you have a brighter future? If you are feeling trapped or are unsure how to progress maybe online life coaching is for you. I can help with this with online coaching via Skype and email. And to help you further, this coaching can be done from your own home as at this present time I am offering online support.

I have a degree in Social Sciences with Psychological Studies from The Open University, however I am not a qualified practitioner. I do feel my life experience is more useful here. I have overcome many challenges in my life and learned how to create a toolkit to pull myself out of difficult situations and dark days.

I can help with

Making career decisions

Being more assertive

Boosting confidence

Trying to decide what to do about relationship issues

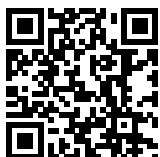
Overcoming a challenge such as weight loss or turning a lifelong wish into a reality.

Dealing with a relationship breakdown.

Finding your creative side.

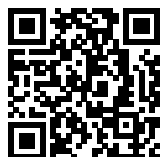
Changing a mindset.

Following a free preliminary session each 75 minute session is £80. However, if you book 6 sessions you will get £10 off per session. If you book 12 sessions you will get £20 off per



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