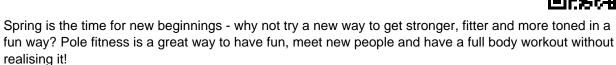
## **POLE FITNESS CLASSES BRIMPTON (10 GBP)**



Location **South East, Berkshire** https://www.freeadsz.co.uk/x-586244-z



I teach a beginner/ intermediate pole fitness class at Brimpton Village Hall on a Wednesday evening at 6.15pm. Perfect for those who have never tried it but want to in a relaxed, friendly atmosphere - as well as those that have poled before but have maybe had a break and want to come back to it without any pressure.

I am fully insured and certified to teach, and also teach privates and group sessions during the day and at weekends.

Get in touch for more info and to start (or continue) your pole journey!)

