

# Martial arts training in a fun amp enjoyable environment for health amp self defence



Location

Northern Ireland, County Durham

<https://www.freeadsz.co.uk/x-586491-z>

IMAF Europe U.K. Martial arts beginners classes in aikido

Chester le street community centre DH3 3TS Thursdays 730pm - 9pm 10 years + first lesson free

Possible future classes in Stanley

if interested contact number provided or message

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