

# Aromatherapy in Bristol



Location **South West, Avon**  
<https://www.freeadsz.co.uk/x-587090-z>

Qualified, professional aromatherapist with 23 years experience.

Aromatherapy is highly effective for reducing stress and alleviating stress-related conditions. Aromatherapy benefits the mind, body and spirit simultaneously. It has a very broad range of other significant benefits too, such as reducing pain, tension, anxiety and insomnia. Aromatherapy improves one's general well-being, physically, emotionally, mentally and spiritually. Aromatherapy promotes deep relaxation and is very pleasurable.

I have a large selection of essential oils, many of them organic, and extensive knowledge of their properties and uses.

I have over 10 years experience working with people living with cancer using massage and aromatherapy.

Aromatherapy significantly improves quality of life for everyone.

Treatments take place in a peaceful, warm, comfortable massage studio in Bishopston, Bristol BS7. I use a very comfortable professional treatment couch to enhance your relaxation and comfort.

Matthew Harrington BSc.(Hons) APNT FSMT Dip.ISA Dip.Bodywisdom MIPTI.  
 Appointments are available from Mondays to Fridays 9:00 am - 9:00 pm

Telephone: 01179244923 011792449... (click to reveal full phone number) Mobile: 07814873265

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to contact

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