## Swedish Body Massage, Hot Stone Massage, Facials.



Location **South West, Avon** https://www.freeadsz.co.uk/x-587098-z



Holistic Massage. Helping people unwind and reconnect with some 'Me Time' - Swedish Body Massage. Hot Stone Massage and Facials.

Deep Tissue Massage: Designed by loosening up the tight muscles caused by Modern lifestyle, ease away chronic muscular aches & pains, helps increase joint mobility and flexibility in your back, neck and shoulders, improves blood circulation and lymphatic flow, frees knots of muscular tension, relaxes connective tissue. £45.00 1 hour.

Relaxation Massage: Is all about relaxing. It focuses on giving you time to recover from the stresses of daily life. Pressure that is deeply relaxing, but not painful. A treatment that is designed to soothe and relax you, not to relieve chronic pain or other underlying ailments. Improves circulation, skin tone, reduction in muscle tension, improves stress related-symptoms and a feeling of self-esteem. £45.00 1 hour.

Gift Vouchers available Website: www.puremoments.me

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