FREE TRIAL CLASS - beginners adult contemporary



JA Dance Company

Location South West, Isle Of Wight https://www.freeadsz.co.uk/x-587496-z

Beginners Adult contemporary classes launching 19th April 2018! Free trial class for all.

For adults who have little or no experience in contemporary dance. This is the perfect class to try something new and keep up your fitness.

1 hour long class of contemporary which looks at the basics and fundamentals of the style. Please wear comfortable dance clothing, bare feet and knee pads are advised.

For more information and to register your interest, please email click to

