BEREAVEMENT COUNSELLING



Location South East, West Sussex https://www.freeadsz.co.uk/x-587867-z



The death of someone you know, particularly someone you're close to can be overwhelming. Bereavement affects all of us at sometime in our lives but it affects everyone differently. It can make you feel very alone and that you may be going mad. There is no right or wrong way to grieve and although it may not feel like it now but you can get through it. I can help you on your journey. I am an experienced counsellor and also have had my own personal bereavements.

If you would like to talk please get in.

