

Belly Dance Workshops



Location **North, Lancashire**
<https://www.freeadsz.co.uk/x-590075-z>

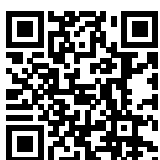


Workshops are the perfect excuse for getting a group of friends together to try something new.

I have three workshops available:

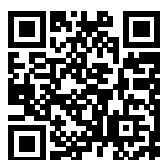
- 1) A Beginners Guide to Belly Dance. This workshop is perfect for anyone new to belly dance and who wants to try something new. No previous knowledge or experience is necessary. I will come to the venue of your choice and teach you some basic moves before teaching you a fun but simple choreography to a lovely Arabic pop song.
- 2) An Introduction to Saidi Stick Dance. Saidi dance is based on an Ancient form of martial art, and the dancer uses a stick to enhance their dance. Not only will I teach you some basic belly dance moves, I shall also show you how to use the stick, how to dance with the stick and do some stick tricks before teaching a simple choreography using this wonderful prop.
- 3) An Introduction to Veil Dance. The veil is a beautiful prop to work with, but it is harder than it looks. I will show you some basic belly dance moves, before showing you how to hold the veil correctly, how to dance with it as well as some clever veil tricks. Afterwards we will put together what we have learned to create a beautiful choreography. All workshops are suitable for children and adults. Although belly dance is associated mainly with women, men do also dance this style. Men are welcome to attend my workshops, but please note, I don't teach workshops for men only.

It is recommended that you allow an hour and a half per workshop to get the most out of them, but I can change this timing if required. Workshops are charged at £100 per hour and a half. Discount will be offered for longer sessions. Please note travel costs will be extra, but you will receive a full breakdown of costs and I am.



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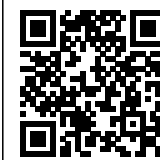
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